Gage Chicken & Herb Rice Spice

Upgrade commodity white and brown rice with Chicken & Herb Rice Spice. A traditionally tasty flavor pairing, Chicken and Herb Rice Spice is a great side to any chicken, pork, or tuna dish.





Basic Recipe

- 1 #2.5 can Gage Chicken & Herb Rice Spice
- 4 1/2 qts Water
- 1 cup (8 oz) Butter or Margarine
- 2 1/2 lbs (40 oz) Rice

STOVETOP OR STEAMKETTLE METHOD:

1. Add contents of this can, water, butter or margarine, and rice in a suitable container.

- 2. Bring to a boil while stirring occasionally.
- 3. Reduce heat, cover, and simmer for 20 minutes.

Yield: 48~1/2 cup servings Note: 576 Servings per Case

Meal Components Met Per Serving: 1 Bread

Nutrition Facts				Chicken & Herb Rice, As Packaged		As Prepared with White Rice, Butter and Water	
Serving Size				(10g)		1/2 cup (4 oz)	
Servings Per Container				48		(176g) 48	
Amount Per Se	rving						
Calories				35		160	
Calories from Fat				0 3		35	
			% Daily Value*		% Daily Value*		
Total Fat			0g	0%	4g	6%	
Saturated Fat			0g	0%	2.5g	13%	
Trans Fat				0g		0g	
Cholesterol				0mg	0%	10mg	3%
Sodium				400mg	17%	430mg	18%
Total Carbohydrate				7g	2%	27g	9%
Dietary Fiber				0g	0%	1g	4%
Sugars				1g		1g	
Protein				1g		3g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2 000 2,500				Vitamin A	0%		2%
				Vitamin C	0%		0%
Total Fat	Less than	2,000 65g	2,500 80g	Calcium	0%		2%
	Less than Less than Less than	20g 300mg 2,400mg 300g	25g 300 mg 2,400mg 375g	Iron	2%		6%



25g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

30g

Ordering Information: Item Code: G0490 Pack Size: 12 / #2.5 cans Servings per Case: 576

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Dietary Fiber