Gage Cheeseburger Macaroni

Gage Cheeseburger Mac comes with semi-large macaroni noodles and a cheddar cheese sauce mix. Just add milk, water and ground beef or poultry for a delicious low-cost meal.





Basic Recipe

1 #10 can Gage Cheeseburger Macaroni 6 3/4 lbs Cooked and Drained Ground Beef 3 1/2 quarts Hot Water 7 cups Milk

OVEN METHOD:

1. Combine cooked ground beef, the contents of this can, hot water, and milk in an $18 \times 26 \times 2$ inch baking pan.

2. Cover tightly with foil and bake in preheated 425°F oven for 40 minutes.

3. Remove from oven (the product will be very watery) and stir well.

4. Top with cheese (grated or shredded) if desired and recover tightly until ready to serve.

Note: Product will thicken while standing. No additional baking is required.

Yield: 53 servings per can 318 servings per case

Meal Components Met Per Serving: 2 oz Meat and 1 Bread

Serving Size Servings Per Container 53				Cheeseburger Macaroni, As Packaged		As Prepared with Ground Beef	
					(29g) 53		(117g) 53
Amount Per Ser	ving						
Calories					110	260	
Calories from Fat				10		90	
				% Daily Value*		% Daily Value*	
Total Fat				1g	2%	10g	15%
Saturated Fat				0.5g	3%	4g	20%
Trans Fat				0g		0g	
Cholesterol				0mg	0%	50mg	17%
Sodium				500mg	21%	570mg	24%
Total Carbohydrate				21g	7%	23g	8%
Dietary Fiber				1g	4%	1g	4%
Sugars				3g		5g	
Protein				3g		19g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				Vitamin A	0%		2%
				Vitamin C	0%		0%
	Calories:	2,000	2,500	Calcium	2%		8%
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less than Less than Less than Less than ite	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g	Iron	4%		15%

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



Ordering Information: Item Code: G0322 Pack Size: 6 / #10 cans Servings per Case: 318

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