

Gage Whole Grain Noodles Alfredo

Make a great Noodles Alfredo in minutes. Each kit contains thin egg noodles and a Romano Alfredo sauce mix pack. Stir in the mix and pasta, bring to a boil and in minutes get a rich, thick and creamy Alfredo sauce with perfectly prepared pasta!



Basic Recipe

- 1 Whole Grain Noodles Alfredo Dinner Kit (1 mix pouch, 1 pasta bag)
- 1 cup (8 oz) Butter or Margarine
- 2.5 cups (20 oz) Water

STOVE TOP OR KETTLE METHOD:

1. Melt 1 cup (8 oz) butter or margarine.
2. Stir in 2 1/2 cups (20 oz) water and contents of pouch.
3. Bring slowly to a boil, then reduce heat and simmer 5 minutes.
4. In a suitable separate container add Alfredo Noodles to salted, boiling water and cook til al dente.
5. Drain noodles and fold into sauce.
6. Serve, or at this point add any cooked poultry, seafood, or vegetables as desired.

Yield: 25~1/2 cup servings
(3/4 cup if poultry added)

Note: 150 servings per case

Meal Components Met Per Serving:
1 Bread

Nutrition Facts	Noodles Alfredo, As Packaged		As Prepared with 50oz Diced Chicken	
	(27g)	25	3/4 cup (117g)	25
Amount Per Serving				
Calories	120		280	
Calories from Fat	25		120	
	% Daily Value*		% Daily Value*	
Total Fat	3g	5%	14g	22%
Saturated Fat	1.5g	8%	7g	35%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	70mg	23%
Sodium	310mg	13%	410mg	17%
Total Carbohydrate	20g	7%	24g	8%
Dietary Fiber	2g	8%	2g	8%
Sugars	1g		1g	
Protein	4g		19g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
	Vitamin A	0%		4%
	Vitamin C	0%		0%
	Calcium	2%		4%
	Iron	0%		0%



Ordering Information:
Item Code: G0328WG
Pack Size: 6 / Dinner Kits
Servings per Case: 150

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