

Gage Chicken & Herb Rice Spice - Smart Snack

Upgrade commodity white and brown rice with Chicken & Herb Rice Spice. A lower sodium traditionally tasty flavor pairing, Chicken and Herb Rice Spice is a great side to any chicken, pork, or tuna dish.



Basic Recipe

- 1 #2.5 can Gage Chicken & Herb Rice Spice
- 4 1/2 qts Water
- 1/2 cup (4 oz) Butter or Margarine
- 2 1/2 lbs (40 oz) Rice

STOVETOP OR STEAMKETTLE METHOD:

1. Add contents of this can, water, butter or margarine, and rice in a suitable container.
2. Bring to a boil while stirring occasionally.
3. Reduce heat, cover, and simmer for 20 minutes.

Yield: 48~1/2 cup servings

Note: 576 Servings per Case

Meal Components Met Per Serving:

1 Bread

Nutrition Facts	As packaged		As prepared with White Rice		As prepared with Brown Rice	
	(10g)	48	1/2 cup (125g)	48	1/2 cup (125g)	48
Serving Size	(10g)		1/2 cup (125g)		1/2 cup (125g)	
Servings Per Container	48		48		48	
Amount Per Serving						
Calories	35		130		140	
Calories from Fat	0		20		25	
		% Daily Value*		% Daily Value*		% Daily Value*
Total Fat	0g	0%	2g	3%	3g	5%
Saturated Fat	0g	0%	1g	5%	1.5g	8%
Trans Fat	0g		0g		0g	
Cholesterol	0mg	0%	5mg	2%	5mg	2%
Sodium	190mg	8%	190mg	8%	190mg	8%
Total Carbohydrate	7g	2%	26g	9%	26g	9%
Dietary Fiber	0g	0%	0g	0%	1g	4%
Sugars	1g		1g		1g	
Protein	1g		3g		3g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:						
Calories:	2,000	2,500				
Total Fat	Less than 65g	80g				
Saturated Fat	Less than 20g	25g				
Cholesterol	Less than 300mg	300 mg				
Sodium	Less than 2,400mg	2,400mg				
Total Carbohydrate	300g	375g				
Dietary Fiber	25g	30g				
Calories per gram:						
Fat 9 • Carbohydrate 4 • Protein 4						
Vitamin A	0%		2%		2%	
Vitamin C	0%		0%		0%	
Calcium	0%		0%		0%	
Iron	2%		6%		4%	



Ordering Information:

Item Code: G0490SMS

Pack Size: 12 / #2.5 cans

Servings per Case: 576

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!