

Okmulgee Chili Mix with Crumbles



**CONTAINS SOY PROTEIN
INCREASE YIELD
REDUCE COST
REDUCE STRESS**

Good chili is all about the spice and Gage puts a lot of it in our Chili Mix with soy protein crumbles.

This chili taste so good!



BASIC RECIPE

- 9 3/4 lbs. Raw Ground Beef
- 3 #10 cans + 1 1/2 cup Crushed Tomatoes
- 3 #10 cans Kidney or Pinto Beans (undrained)
- 1 bag Okmulgee Chili Mix with Soy Protein
- 3 quarts Water

STOVETOP OR STEAMKETTLE METHOD:

1. Brown ground beef (drain).
2. Stir in undrained Tomatoes and Beans.
3. Add Water.
3. Stir in 1 bag Mix. Bring to a boil.
4. Cover and simmer for 10 minutes, stirring occasionally.
5. Serve.

Yield: 150 - 1/2 cup servings

Note: 900 Servings per Case

Meal Components Met Per Serving:

2 oz. Meat and 1 Vegetable

Ordering Information:

Item Code: G6430

Pack Size: 6 / 3.25 lb. bags

Nutrition Facts

	G6430 OKMULGEE CHILI MIX W CRUMBLES AS PACKAGED		G6430 OKMULGEE CHILI MIX WITH CRUMBLES AS PREPARED	
Serving Size	(10g)		(1/2 cup) (182g)	
Servings Per Container	150			
Amount Per Serving				
Calories	45		190	
Calories from Fat	10		45	
	% Daily Value*		% Daily Value*	
Total Fat	1g	2%	5g	8%
Saturated Fat	0g	0%	1.5g	8%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	25mg	8%
Sodium	350mg	15%	580mg	24%
Total Carbohydrate	3g	1%	17g	6%
Dietary Fiber	0g	0%	5g	20%
Sugars	0g		1g	
Protein	3g		15g	
Vitamin A	0%		10%	
Vitamin C	0%		10%	
Calcium	2%		8%	
Iron	4%		20%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredient Statement: Textured vegetable protein (soy flour, caramel color, soybean oil, salt, autolyzed yeast, spices, dextrose, onion, garlic, paprika), chili powder, enriched flour (wheat flour, reduced iron, niacin, thiamine mononitrate, riboflavin, and folic acid), maltodextrin and salt.

CONTAINS **WHEAT, SOY.** MADE IN A FACILITY THAT ALSO PROCESSES **EGGS, MILK.**

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!