Gage Whole Grain Lasagna

Gage Whole Grain Lasagna Dinner Mix includes whole wheat mini malfalda noodles and a hearty romano, garlic, and onion herb sauce mix.

menu solutions Gage

Basic Recipe

- 1 Gage Whole Grain Lasagna Dinner Mix KIt
- 2.5 5 lbs Cooked and Drained Ground Beef
- 2.5 qts Boiling Water
- 25 oz Tomato Paste
- 2 lbs Reduced Fat Mozzarella Cheese

1. In a full size steam table pan, combine ground beef, and tomato paste. Then add pasta and seasoning mix from the kit.

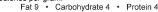2. Carefully add boiling water and stir to mix.

3. Cover pan tightly with foil and bake in a preheated 425° oven for 35 minutes.

4. Remove from oven and stir gently. Evenly sprinkle the cheese over the top and return to oven for 10 minutes or until cheese is melted.

Yield: 35 - 3/4 cup (6 oz) servings
Note: 210 servings per case

Meal Components Met Per Serving:
2 oz Meat, 1 Bread, 1/4 cup Vegetable

Nutrition Facts

	G0329 Whole Grain Lasagna as Packaged		Gage Whole Grain Lasagna, As Prepared with Ground Beef, Tomato Paste, and Mozzarella Cheese	
Serving Size	(22g)		3/4 cup (6 oz) (171g)	
Servings Per Container			34.45	
Amount Per Serving				
Calories	70		250	
Calories from Fat	5		100	
		% Daily Value*		**% Daily Value***
Total Fat	0g	**0%**	11g	**17%**
Saturated Fat	0g	**0%**	5g	**25%**
Trans Fat	0g		0g	
Cholesterol	0mg	**0%**	45mg	**15%**
Sodium	430mg	**18%**	820mg	**34%**
Total Carbohydrate	16g	**5%**	21g	**7%**
Dietary Fiber	2g	**8%**	2g	**8%**
Sugars	3g		5g	
Protein	2g		19g	
Vitamin A	8%			20%
Vitamin C	4%			10%
Calcium	2%			20%
Iron	6%			15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300 mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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Ordering Information:
Item Code: G0329
Pack Size: 6 Dinner Kits
Servings per Case: 210

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!