

Country Dumpling Dinner Mix

Rippled noodle dumplings team with a rich chicken broth, onions, bell peppers, celery, and spices in this dish.



Basic Recipe

- 1 Gage Country Dumpling Dinner Kit (1 bag chicken soup mix & 2 bags pasta)
- 4 lbs Cooked and Diced Chicken
- 5.25 qts Boiling Water

Kettle Method

1. Add one Country Dumpling Dinner Kit to 5.25 quarts of boiling water, then reduce heat and simmer until noodles are done and product has reached desired consistency. (30-40 minutes).
2. Fold in Chicken, then cover and allow to stand for 15 minutes before serving.

Oven Method

1. Combine Boiling Water, Chicken, and one Country Dumpling Dinner Kit in a full steam table pan.
2. Bake in a preheated 425° oven until noodles reach desired consistency (about 30-40 minutes).
3. Remove from oven and keep covered until ready to serve.

Yield: 32 - 3/4 cup (7 oz) servings; 192 / case

Meal Components Met Per Serving:
2 oz Meat, 1 Bread

Nutrition Facts

	Country Dumpling Dinner, As Packaged		As Prepared with Diced Chicken	
Serving Size	(35g)		7 oz (247g)	
Servings Per Container	32		32	
Amount Per Serving				
Calories	110		210	
Calories from Fat	0		35	
	% Daily Value*		% Daily Value*	
Total Fat	0g	0%	4g	6%
Saturated Fat	--g	--%	1g	5%
Trans Fat	--g		0g	
Cholesterol	0mg	0%	50mg	17%
Sodium	780mg	33%	820mg	34%
Total Carbohydrate	23g	8%	27g	9%
Dietary Fiber	0g	0%	0g	0%
Sugars	1g		1g	
Protein	3g		17g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
	Vitamin A	0%		0%
	Vitamin C	0%		0%
	Calcium	0%		2%
	Iron	0%		0%



Ordering Information:
Item Code: G0343
Pack Size: 6 / Kits
Servings per Case: 192

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