

Gage Noodles Alfredo

Make a great Noodles Alfredo in minutes. Each can contains thin egg noodles and a Romano Alfredo sauce mix. Just boil water, add the product, and stir to get a rich, thick and creamy Alfredo sauce and perfectly prepared pasta!



Basic Recipe

- 1 Noodles Alfredo Kit (1 mix pouch, 1 pasta bag)
- 1 cup (8 oz) Butter or Margarine
- 2.5 cups (20 oz) Water

STOVE TOP OR KETTLE METHOD:

1. Melt 1 cup (8 oz) butter or margarine.
2. Stir in 2 1/2 cups (20 oz) water and contents of pouch.
3. Bring slowly to a boil, then reduce heat and simmer 5 minutes.
4. In a suitable separate container add Alfredo Noodles to salted, boiling water and cook til al dente.
5. Drain noodles and fold into sauce.
6. Serve, or at this point add any cooked poultry, seafood, or vegetables as desired.

**Yield: 25~1/2 cup servings
(3/4 cup if poultry added)**

Note: 150 servings per case

Meal Components Met Per Serving:
1 Bread

Nutrition Facts

Serving Size	(38g)	3/4 cup (127g)
Servings Per Container 25	25	25
Amount Per Serving		
Calories	90	250
Calories from Fat	30	130
	% Daily Value*	% Daily Value*
Total Fat	3g 5%	14g 22%
Saturated Fat	0.5g 3%	6g 30%
Trans Fat	--g	0g
Cholesterol	0mg 0%	70mg 23%
Sodium	45mg 2%	135mg 6%
Total Carbohydrate	12g 4%	15g 5%
Dietary Fiber	0g 0%	0g 0%
Sugars	0g	0g
Protein	3g	17g
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300 mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		
	Vitamin A	0% 6%
	Vitamin C	0% 0%
	Calcium	6% 6%
	Iron	2% 2%



Ordering Information:
Item Code: G0328
Pack Size: 6 / Kits
Servings per Case: 150

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!