# COMMODITY PASTA HELPERS Santa fe Pasta

A NO DRAIN RECIPE!

Every Sauce Pack is designed to partner with 2 lbs dry Commodity Whole Grain Rotini.







## Basic Recipe - 33 Servings

- 1 bag Commodity Helpers Santa Fe Pasta
- 2 lbs DRY Whole Grain Commodity Rotini
- 2 1/4 qts Boiling Water
- 8.5 c Diced Tomatoes or Tomato Sauce or Salsa
- 2.25 lbs Cooked and Drained Ground Beef
- 2 lbs Shredded Reduced Fat Cheddar Cheese
- 1. Prepare 2 lbs USDA Whole Grain Rotini in 2.25 quarts Boiling Water. DO NOT DRAIN.
- 2. Stir in Tomato Product and Santa Fe Sauce. Then fold in Cooked and Drained Ground Beef.
- 3. Transfer to pans and serve.

### **Bulk Recipe - 338 Servings**

10 bags Commodity Helpers Santa Fe Pasta 20 lbs DRY Whole Grain Commodity Rotini

5 1/2 gallons Boiling Water

6 #10 cans plus 9 cups Diced Tomatoes or Tomato Sauce or Salsa

22.5 lbs Cooked and Drained Ground Beef 20 lbs Shredded Reduced Fat Cheddar Cheese

1. Prepare as directed above using revised bulk quantities.

#### **Meal Components Met Per Serving:**

2 oz Meat, 1 Bread, and 1/4 cup Vegetables

#### **Nutrition Facts** Commodity Helpers As Prepared Santa Fe Pasta, As Packaged Serving Size (9g) 8 oz (217g) Servings Per Container 33.8 33.8 Amount Per Serving 280 20 **Calories** Calories from Fat 100 % Daily Value\* % Daily Value\* **Total Fat** 0.5g **1**% 11g 17% Saturated Fat 0% 0g 5g 25% Trans Fat 0g 0g Cholesterol 45mg 0% 15% 0mg Sodium 340mg 14% 890mg 37% **Total Carbohydrate** 1% 28g 9% 4g Dietary Fiber 0% 4g 16% 0g 5g Sugars 2g 21g Protein 1g \*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower Vitamin A 2% 10% Vitamin C 0% 8% depending on your calorie needs Calories: 2,000 2,500 Calcium 2% 30% Total Fat Saturated Fat 80g 25g Less than 20g Less than Iron 0% 15% 300 mg 300mg Cholesterol Less than Sodium 2,400mg 2,400mg Less than Total Carbohydrate Dietary Fiber Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



# **Ordering Information:**

Item Code: G0306

Pack Size: 20 / 10.6 oz bags Servings per Case: 676