

COMMODITY PASTA HELPERS

Cheeseburger Mac

A NO DRAIN RECIPE!

Every Sauce Pack is designed to partner with 2 lbs dry Commodity Whole Grain Macaroni.



Basic Recipe - 39 servings

- 1 bag Commodity Helpers Cheeseburger Mac
- 2 lbs DRY Whole Grain Commodity Macaroni
- 5 lbs Cooked and Drained Ground Beef
- 2.5 quarts Boiling Water
- 5 cups Milk

1. Prepare 2 lbs Commodity Whole Grain Macaroni in 2.5 quarts of water. **DO NOT DRAIN.**
2. Stir in Cheeseburger Mac Seasoning Mix and Milk. Then fold in Cooked Ground Beef.
3. Transfer to pans and serve.

Bulk Recipe - 390 servings

- 10 bags Commodity Helpers Cheeseburger Mac
- 20 lbs DRY Whole Grain Commodity Macaroni
- 49 lbs Cooked and Drained Ground Beef
- 6.5 gallons Boiling Water
- 3.25 gallons Milk

1. Prepare as directed above using revised bulk quantities.

Meal Components Met Per Serving:
2 oz Meat and 1 Bread

Nutrition Facts	Commodity Helper Cheeseburger Mac, As Packaged		As Prepared	
	(12g)		7 oz (186g)	
Serving Size	(12g)		7 oz (186g)	
Servings Per Container	39		39	
Amount Per Serving				
Calories		45		290
Calories from Fat		5		90
		% Daily Value*		% Daily Value*
Total Fat	1g	2%	10g	15%
Saturated Fat	0.5g	3%	4g	20%
Trans Fat	0g		0.5g	
Cholesterol	0mg	0%	55mg	18%
Sodium	510mg	21%	580mg	24%
Total Carbohydrate	8g	3%	27g	9%
Dietary Fiber	0g	0%	2g	8%
Sugars	3g		5g	
Protein	1g		22g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
Vitamin A		0%		2%
Vitamin C		0%		0%
Calcium		2%		10%
Iron		0%		15%



Ordering Information:
Item Code: G0300
Pack Size: 10 / 16.77 oz bags
Servings per Case: 390

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!