

Gage Mud Bar Mix

Gage's Mud Bar Mix makes decadent chocolate chip cookies or cookie bars in no time. We put hundreds of miniature chocolate chips in our mix, guaranteeing you taste chocolate in every bite.



Basic & Whole Grain Recipe

- 1 #10 can Gage Mud Bar Mix
- 1 bag Mini Chocolate Tidbits (in can)
- 1 3/4 lbs Butter or Margarine
- 14 oz Water
- 1 1/2 lb All Purpose or Whole Wheat Flour
- 2 cups Skim Milk (optional for cakier consistency)

1. Thoroughly mix all ingredients in a suitable mixing container.
2. Spread evenly into a greased full sheet pan (18x26x2).
3. Bake in a pre-heated 375°F oven approximately 35 minutes or until done (use toothpick test on center).
4. Allow to cool before removing from pan.

Yield: 117 - 2x2 inch squares

Note: 702 servings per case

Meal Components Met Per Serving:
1/2 Bread

Nutrition Facts

	Mud Bar Mix, As Packaged	As Prepared with Butter, Flour, and Water	As Prepared with Butter, Whole Wheat Flour, and Water
Serving Size	(19g)	2 x 2 inch square (35g)	2 x 2 inch square (35g)
Servings Per Container	117	117	117
Amount Per Serving			
Calories	90	160	160
Calories from Fat	20	70	70
	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	2g	8g	8g
Saturated Fat	1.5g	5g	5g
Trans Fat	--g	0g	0g
Cholesterol	15mg	25mg	25mg
Sodium	90mg	130mg	130mg
Total Carbohydrate	14g	19g	19g
Dietary Fiber	0g	0g	1g
Sugars	13g	13g	13g
Protein	1g	1g	2g
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300 mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			
Vitamin A0%		4%	4%
Vitamin C0%		0%	0%
Calcium 0%		0%	0%
Iron 0%		2%	2%



Ordering Information:
Item Code: G0623
Pack Size: 6 / #10 cans
Servings per Case: 702

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!