Gage Whole Grain Santa Fe Pasta Mix

Gage's Whole Grain Santa Fe Pasta Mix features whole wheat gemelli noodles in a creamy Santa Fe cheddar cheese sauce. Pair with ground beef and corn for a mild flavor or prepare with chicken and black beans for a burst of spice.



menu *s*olutions



Basic Recipe

- 2 bags Pasta from kit
- 1 bag Gage Santa Fe Pasta Mix from kit
- 5 lbs Cooked and Drained Ground Beef
- 3 2/3 quarts Boiling Water
- 1 #10 can Diced Tomatoes
- 2 Ibs Shredded, Low Fat, Cheddar Cheese

1. In a large kettle, combine the cooked ground beef, diced tomatoes, 3 2/3 quarts water, and bring to a boil.

2. Stir in seasoning mix and pasta from the kit.

3. Reduce heat and simmer for 20-25 minutes, or until pasta reaches desired tenderness. Stir gently once or twice to prevent sticking.

* Optional - Add one #5 can of corn for color.

4. Transfer to a full size steam table pan and top with cheese.

Note: If this is your first time preparing this product it is best to check noodles for doneness before serving. Yield: 48 - 3/4 cup (6 oz) servings Note: 288 servings per case Meal Components Met Per Serving: 2 oz Meat, 1 Bread, and 1/4 cup Vegetables

Nutrition Facts Serving Size Servings Per Container				as Packaged 3/4 cup (30g) 48		as Prepared with Ground Beef, Tomatoes and Reduced Fat Cheaddar 3/4 Cup ~ 6 oz (222g) 48									
								Amount Per Ser	rving						
								Calories				130		300	
Calories from Fat				15		100									
			% Daily Value*		% Daily Value*										
Total Fat				1.5g	2%	11g	17%								
Saturated Fat				1g	5%	5g	25%								
Trans Fat				0g	-	0g									
Cholesterol				0mg	0%	45mg	15%								
Sodium				105mg	4%	410mg	17%								
Total Carbohydrate				24g	8%	26g	9%								
Dietary Fiber				3g	12%	3g	12%								
Sugars				2g		4g									
Protein				5g		23g									
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				Vitamin A	0%		6%								
				Vitamin C	0%		15%								
Total Fat	Calories: Less than	2,000 65g	2,500 80g	Calcium	2%	<u> </u>	10%								
Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less than Less than Less than	20g 300mg 2,400mg 300g 25g	25g 300 mg 2,400mg 375g 30g	Iron	0%		10%								

Fat 9 · Carbohydrate 4 · Protein 4



Ordering Information: Item Code: G4222 Pack Size: 6 / Kits Servings per Case: 288

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