

Whole Grain Cinnamon Swirl Gourmet Coffee Cake/Muffin Mix

Our Cake Mix comes complete with cinnamon flavored coffee cake mix and a packet of cinnamon spices for topping. Just add water! Great on its own or mix in drained canned fruits, nuts, or the fresh fruit of your choice.



Basic Recipe

- 1 Can Whole Grain Cinnamon Swirl Gourmet Mix
- 1 Cinnamon Spice Topping Packet (in can)
- 5 cups Water

1. Preheat oven to 375° F.
2. Combine cake mix with 5 cups water. Mix at low speed for 1/2 minute. Scrape down bowl and mix at medium speed for 1 minute.
3. Pour batter into a greased 18"x26" full sheet pan. (For a thicker coffee cake use a greased half pan.)
4. Sprinkle approximately 1/3 of Topping Packet over batter and fold into the batter with spatula. Sprinkle remaining Topping Packet over batter and leave on top.
5. Bake for 25-30 minutes.

Note: Due to oven variability, it is best to perform toothpick tests throughout the baking process.

Yield: 60 - 3 x 2.6 inch squares
 Note: 360 servings per case
 Meal Components Met Per Serving:
 1 Bread

Nutrition Facts

	Whole Grain Cinnamon Swirl Gourmet Mix, As Packaged		Whole Grain Cinnamon Swirl Gourmet Mix, As Prepared	
Serving Size	(34g)		(3x2.6" square) (54g)	
Servings Per Container	60			
Amount Per Serving				
Calories	140		140	
Calories from Fat	30		30	
	% Daily Value*		% Daily Value*	
Total Fat	3g	5%	3g	5%
Saturated Fat	1g	5%	1g	5%
Trans Fat	0g		0g	
Cholesterol	10mg	3%	10mg	3%
Sodium	210mg	9%	210mg	9%
Total Carbohydrate	26g	9%	26g	9%
Dietary Fiber	1g	4%	1g	4%
Sugars	13g		13g	
Protein	2g		2g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
Vitamin A	0%		0%	
Vitamin C	0%		0%	
Calcium	2%		2%	
Iron	15%		15%	



Ordering Information:
 Item Code: G0642
 Pack Size: 6 / #10 cans
 Servings per Case: 360

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