

# Gage Whole Grain Banana Bread Mix

Just like our classic Banana Bread but with Whole Grain! Simply add water and eggs for a deluxe banana bread that's great for breakfast, as a snack, for lunch, or for dinner. Add nuts and additional bananas for an even more decadent experience.



## Basic Recipe

- 1 #10 can Gage Whole Grain Banana Bread Mix
- 10 Eggs or 1 2/3 cups Liquid Eggs
- 1 qt Water
- 5 or 6 Bananas (Optional)
- 1 cup Chopped Nuts (Optional)

1. Preheat oven to 350° F.
2. Add all ingredients to a suitable mixing bowl and mix on low speed for 2 minutes, scraping down sides of bowl as necessary to combine.
3. Pour batter into a greased and floured half pan or 5 greased and floured loaf pans.
4. Bake in a 350° F oven for 50 minutes or until product tests done with a toothpick.

Note: Due to oven variability, the first time you use this product it is best to perform toothpick tests.

Yield: 80 - 1.5 oz Slices  
Note: 480 Servings per Case

**Meal Components Met Per Serving:**  
1 Bread

Nutrition Facts	Banana Bread, As Packaged	As Prepared with Water & Eggs	As Prepared with Water, Eggs and Banana's
	(28g)	1.5 oz (46g)	2 oz (58g)
Serving Size	(28g)	1.5 oz (46g)	2 oz (58g)
Servings Per Container	80	80	80
<b>Amount Per Serving</b>			
<b>Calories</b>	110	120	130
Calories from Fat	25	30	30
	<b>% Daily Value*</b>	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	3g <b>5%</b>	3.5g <b>5%</b>	3.5g <b>5%</b>
Saturated Fat	1g <b>5%</b>	1g <b>5%</b>	1g <b>5%</b>
Trans Fat	0g	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	25mg <b>8%</b>	25mg <b>8%</b>
<b>Sodium</b>	190mg <b>8%</b>	200mg <b>8%</b>	200mg <b>8%</b>
<b>Total Carbohydrate</b>	21g <b>7%</b>	21g <b>7%</b>	24g <b>8%</b>
Dietary Fiber	1g <b>4%</b>	1g <b>4%</b>	1g <b>4%</b>
Sugars	9g	9g	11g
<b>Protein</b>	2g	3g	3g
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories: 2,000	2,500	
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300 mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4
Vitamin A0%		0%	0%
Vitamin C0%		0%	2%
Calcium 4%		4%	4%
Iron 4%		4%	4%



**Ordering Information:**  
Item Code: G0641  
Pack Size: 6 / #10 cans  
Servings per Case: 480

Call 800.323.0233 or visit us at [www.gagefoods.com](http://www.gagefoods.com) to place your order!