

The Ultimate Smart Brownie Mix

Delectable Goopy Fudge

Wonderful as a SMART SNACK. More wonderful the next day as the wheat bran has had more time to soften. These add water only Brownies are made with the highest quality chocolate and ingredients we could find. These brownies can't be beat!



Ordering Information:
Item Code: G5550
Pack Size: 6 / #10 cans
Servings per Case: 300



Recipe

- 1 #10 can Delectable Goopy Fudge Brownie Mix
- 3.5 cups Water

1. Combine mix and water. Mix on low speed until all powder has been wetted. (approx. 30 seconds)

2. Scrape batter into a greased and floured pan.

Thin Style - 18" x 26" baking pan

3. Bake in a 350° F convection oven for 12 minutes or until tests done with a toothpick.

Deep Dish - 12" x 20" steam table pan

3. Bake in a 350° F convection oven for 25 to 35 minutes until tests done with a toothpick.

4. Cool and slice into 50 pieces.

Brownies are more wonderfully moist the second day as the wheat bran has had more time to soften.

Yield: 50 - 2 oz pieces. 300 Servings per Case.

Meal Components Met Per Serving:

3/4 Bread
Smart Snack

Nutrition Facts	as Packaged		as Prepared	
		(46g)	cut the pan into 50 pieces (63g)	50
Serving Size		(46g)	cut the pan into 50 pieces (63g)	50
Servings Per Container		50		50
Amount Per Serving				
Calories		190		190
Calories from Fat		50		50
		% Daily Value*		% Daily Value*
Total Fat	6g	9%	6g	9%
Saturated Fat	2g	10%	2g	10%
Trans Fat	0g		0g	
Cholesterol	25mg	8%	25mg	8%
Sodium	180mg	8%	180mg	8%
Total Carbohydrate	35g	12%	35g	12%
Dietary Fiber	4g	16%	4g	16%
Sugars	22g		22g	
Protein	3g		3g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
Vitamin A		2%		2%
Vitamin C		0%		0%
Calcium		2%		2%
Iron		8%		8%

Ingredients: Stone Ground Whole Wheat Flour, Granulated Sugar, Brown Sugar, Interesterified Soybean Oil, Cocoa (processed with alkali), Polydextrose, Dried Whole Egg, Salt, Baking Soda and Sodium Aluminum Phosphate Acidic. CONTAINS EGGS, WHEAT, SOY. MADE IN A FACILITY THAT ALSO PROCESSES MILK.

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