

Gage Chicken & Herb Rice Spice - Smart Snack

Upgrade commodity white and brown rice with Chicken & Herb Rice Spice. A lower sodium traditionally tasty flavor pairing, Chicken and Herb Rice Spice is a great side to any chicken, pork, or tuna dish.



Basic Recipe

- 1 #2.5 can Gage Chicken & Herb Rice Spice
- 4 1/2 qts Water
- 1/2 cup (4 oz) Butter or Margarine
- 2 1/2 lbs (40 oz) Rice

STOVETOP OR STEAMKETTLE METHOD:

1. Add contents of this can, water, butter or margarine, and rice in a suitable container.
2. Bring to a boil while stirring occasionally.
3. Reduce heat, cover, and simmer for 20 minutes.

Yield: 48~1/2 cup servings

Note: 576 Servings per Case

Meal Components Met Per Serving:

1 Bread

Nutrition Facts		As packaged	As prepared with White Rice	As prepared with Brown Rice
Serving Size		(10g)	1/2 cup (125g)	1/2 cup (125g)
Servings Per Container		48	48	48
Amount Per Serving				
Calories		35	130	140
Calories from Fat		0	20	25
	% Daily Value*		% Daily Value*	% Daily Value*
Total Fat	0g	0%	2g	3%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	5mg	2%
Sodium	190mg	8%	190mg	8%
Total Carbohydrate	7g	2%	26g	9%
Dietary Fiber	0g	0%	0g	0%
Sugars	1g		1g	
Protein	1g		3g	3g
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories: 2,000 2,500			
Total Fat	Less than 65g	80g		
Saturated Fat	Less than 20g	25g		
Cholesterol	Less than 300mg	300 mg		
Sodium	Less than 2,400mg	2,400mg		
Total Carbohydrate	300g	375g		
Dietary Fiber	25g	30g		
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
Vitamin A	0%		2%	2%
Vitamin C	0%		0%	0%
Calcium	0%		0%	0%
Iron	2%		6%	4%



Ordering Information:

Item Code: G0490SMS

Pack Size: 12 / #2.5 cans

Servings per Case: 576

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!